

April 2024

St. Christopher





Catholic Elementary School

Proud member of the Denis Morris Catholic High School Family of Schools

D. Smolders, Acting Principal L. Forsyth-Sells, Superintendent of Schools 33 Woodrow St., St, Catharines, ON, L2P 2A1



KNOWING GOD DURING LENT

Jesus doesn't need any help to remember your name. Jesus called Mary Magdalene by name and he calls us by name to spread the good news of the Kingdom of God through our witness at home, at school, at work, in church, at the grocery store and even in traffic. When you are all by yourself and are looking for someone to help, Jesus will come to you and provide for all your needs. Don't get discouraged. God, the master of the whole universe is mindful of you and all that you need in life. Just keep trusting Him and He will surely work miracles for you.

During this time of Lent, you can also work to meet God. As was outlined in the Gospel of Matthew, we are asked to do 3 things to prepare for the resurrection of Jesus: Prayer, Almsgiving, Fasting

D. Smolders

Principal

ST. THOMAS AQUINAS MASS SCHEDULE

Saturday - 5:00 pm

Sunday - 10:00 am

Pastor: Reverend Chad Grennan



A LOOK AHEAD

Apr 1: Easter Monday, no school

3: Easter Liturgy at the church

4: Easter Brunch

8: PA Dav

Solar Eclipse

11: Hot Lunch Day, pizza

22: Earth Day

25: Hot Lunch Day, hamburgers

26: Out of Dress Code Day

MONTHLY PRAYER

Glory to God in the highest, and on earth peace to people of good will. We praise you, we bless you, we adore you, we glorify you, we give you thanks for your great glory, Lord God, heavenly King, O God, almighty Father. Lord Jesus Christ, Only Begotten Son, Lord God, Lamb of God, Son of the Father, you take away the sins of the world, have mercy on us; you take away the sins of the world, receive our prayer; you are seated at the right hand of the Father, have mercy on us. For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.

EASTER BREAKFAST

To help us celebrate the resurrection of Christ, we have ordered a hot breakfast for all students on Thursday, April 4. Breakfast will be coming from Sunset Grill and include 2 slices of bacon, 2 pancakes and home fries with a cup of orange juice. There is no cost to students

To help us minimize waste, we ask that students bring in a reusable plate and fork. If you do not want your child to have any or all of the breakfast, please contact your child's teacher. Finally, there is no cost to the students for this breakfast.

SOLAR ECLIPSE

This year, for the first time since 1925 there will be a total solar eclipse in our region on Monday, April 8. Not only is the path of totality near us, but it will pass directly over St. Catharines at 3:18 - 3:21 pm. The next time a total solar eclipse will be near Niagara (Toronto) is in the year 2144

Please take some time to check out this natural wonder on this day. Click <u>here</u> for more information, including how to view the eclipse safely.

ACCESSIBILITY EVENING EVENT

The Niagara Catholic District School Board and the Accessibility Planning Committee are pleased to invite parents, guardians, staff and community partners to a motivational evening featuring Niagara Catholic graduate, public speaker, and activist, Michael Jacques and disability advocate Charlene VanderGriendt, from The Rick Hansen Foundation.

Public speaker, activist, and author Michael Jaques, has written and self-published his book Can't Read, Can't Write, Here's My Book using speech-to-text technology. Michael is diagnosed with autism and an intellectual disability and shares his life experiences to help audiences understand accepting and belonging.

Disability advocate, Charlene VanderGriendt, from The Rick Hansen Foundation will discuss how to speak and interact inclusively. Students with disabilities will share their perspectives on building a culture of acceptance through taped video interviews. The words we use carry meaning and power.

This exciting free event will take place on **Monday, April 15th from 6:00-8:00 pm** at The Holiday inn and Conference Centre (327 Ontario Street, St. Catharines) and includes light snacks, refreshments and door prizes. Please click here for event and registration details.

HOT LUNCH DAYS

We have scheduled our next pizza day for Thursday, April 11. We will also have BBQ'd hamburgers available on Thursday, April 25. Orders will be made through https://ncdsb.schoolcashonline.com/. No cash orders or late orders will be accepted.

We cannot provide any refunds for students who are away on the hot lunch day.

EARTH DAY

This year, we will celebrate Earth Day on Monday, April 22. The school eco-team has a number of activities planned throughout the month of April. Additionally, below are some simple ways you can do your part at home.

- Reduce, reuse, and recycle. Cut down on what you throw away. Follow the three "R's" to conserve natural resources and landfill space.
- 2. Volunteer. Volunteer for cleanups in your community. You can get involved in protecting your watershed, too.
- Educate. When you further your own education, you can help others understand the importance and value of our natural resources.
- 4. Conserve water. The less water you use, the less runoff and wastewater that eventually end up in the ocean.
- Shop wisely. Buy less plastic and bring a reusable shopping bag.
- 6. Use long-lasting light bulbs. Energy efficient light bulbs reduce greenhouse gas emissions. Also flip the light switch off when you leave the room!
- 7. Plant a tree. Trees provide food and oxygen. They help save energy, clean the air, and help combat climate change.
- 8. Don't send chemicals into our waterways. Choose non-toxic chemicals in the home and office.
- 9. Bike more. Drive less.

PARKING LOT SAFETY

Please drive with caution in the parking lot and near the school. We have many students who are being dropped off and picked up at the same time. They are all at varying places on their learning journey and

may not always remember to look both ways before stepping out into traffic. Please exercise extra caution when driving in the school parking lot.

ON TIME ARRIVAL

This is a reminder that school begins at **8:35 am** each day. We have noticed a number of students who are regularly late. The opening routines and morning lessons are an important part of setting the tone for students for the remainder of the day.

We would greatly appreciate your cooperation in ensuring that your child arrives at school on time each day and staff are on duty at 8:20 am

EXTRA CLOTHES

It is always a good idea for students in all grades to have an extra set of clothes in their backpack/cubby/locker in the event of a spill or an accident. In the winter months students tend to play much more on their hands and knees or may step in a small puddle of water when transitioning from outdoor to indoor footwear.

SPIRIT WEAR ORDERS

Big Bear Spirit Wear, a board approved supplier for spirit wear items, offers a wide range of dress-code approved items through their online store at: https://www.bigbearspiritwear.com/. Students are allowed to wear the spirit wear items to school and these are a worthwhile purchase to show off your school pride. Please label all clothing items that come to school so that we can return all misplaced items to the correct person.

ANAPHYLAXIS

St. Christopher Catholic Elementary School promotes a healthy, allergy aware environment for the safety of our children. Parents are requested to not pack any foods that contain or may contain nut or peanut products in their children's lunch. Please give our children with anaphylaxis the same consideration that you would wish for your child's protection.

If you have a child with anaphylaxis to any allergens, please contact the office immediately so that we can work together to keep your child(ren) safe.

Additionally, at no time are students allowed to share food amongst themselves. This includes during special event days, such as birthdays and Halloween. We respect and want to adhere to the dietary choices each family makes for their own child/ren. If your child comes to school with food items to distribute to classmates, they will be held in the office and sent back home with your child at the end of the day. We greatly support your cooperation with this.

MEDICATIONS IN SCHOOL

Parents should be aware of the strict guidelines established by the Niagara Catholic District School Board for medication in schools.

- The medication must be in the container prepared by the pharmacist and the label must include: the name of the doctor, student and the name and strength of the medication.
- 2. The school must have a written request from the physician indicating the frequency and dosage of the prescribed medication (this form is available at the school).
- 3. Deliver prescribed medication directly to the school office. Please do not send them with the child.

FOLLOW US ON INSTAGRAM

St. Christopher Catholic Elementary School can be found on Instagram @st.christopherces. Please follow us to see what fun and exciting things your children are getting up to while at school.

We take student safety and privacy very seriously and only images of students for whom parents have given consent will be used on our social media account. If you would like to update your consent, please click <a href="https://here.or.contact.or.com/here.or.contact.or.com/here.or.contact.or.com/here.or.contact.or.com/here.or.contact.or.com/here.or.contact.or.com/here.or.contact.or.com/here.or.contact.or.com/here.or.com/he

CONCUSSION PROTOCOL

The Niagara Catholic District School Board recognizes concussions as a serious injury which requires appropriate follow-up measures to reduce the risk of potential additional injury. Concussion awareness, prevention, identification and management are a priority for the Board. The implementation of the Board's Concussion Administrative Operational Procedures is another important step in creating healthier schools in the Niagara Catholic District School Board

If staff, in communication with the school principal, suspects head trauma or a concussion might be possible based on signs and symptoms reported by the student, they are required to complete the appropriate documentation, call home and send home a copy of the documentation.

Medical doctors and nurse practitioners are the only healthcare professionals in Canada with licensed training and expertise to diagnose a concussion; therefore, all students with suspected concussions should undergo evaluation by one of these professionals.

SCHOOL CASH ONLINE

St. Christopher continues to move forward using the School Cash Online System and we require all families to make online payments for their children when paying for things like pizza days, field trips, etc. If you have not already done so, please register for an account at: https://ncdsb.schoolcashonline.com/

DONATIONS TO THE SCHOOL

Parents and guardians who would like to make a financial donation to support the many learning and extra curricular activities happening each day at St. Christopher Catholic elementary school are able to do so at any time through https://ncdsb.schoolcashonline.com/. Once logged in, you will see a button in the top menu that says Make a Donation. By clicking here, you are able to select the donation amount and the Destination (St. Christopher CES). Once submitted, you will be immediately sent an official receipt for tax purposes.

ABSENT/LATE/EARLY DISMISSAL

The Safe arrival program is aimed at verifying the location and safety of each child in our school. Parents are asked to report their child's absences, lates, or early dismissals before the start of school. The system will call you repeatedly if your child is not present in school once the bell rings.

Absences and lates can be quickly and conveniently reported in one of three ways:

- 1. Through the School Messenger App available through the Android or iOS app store.
- 2. By calling the automated telephone system at 1-844-287-6287 through which absences can be reported.
- 3. By logging into the website: go.schoolmessenger.ca

